

York County Lacrosse Association (YCLA) presents...

COACH'S WORKSHOP

“Double-Goal Coach™ I: Coaching for Winning and Life Lessons”

This interactive workshop begins by defining the Double-Goal Coach™ as one who strives to win and works to prepare his/her team to play at its highest level, and, at the same time, teaches life lessons (teamwork, dedication, bouncing back from mistakes, etc.) to his/her players.

Coaches will receive a Double-Goal Coach™ certification card upon completion of the workshop. This certification will be required for any coach to stand in the coach's box this spring.

"Approximately one year ago, the YCLA was introduced to PCA through a two hour coach's workshop. The information presented to the 100 coaches was outstanding.

The lessons learned from the PCA trainer helped to make the 2008 spring lacrosse season the best possible experience for the players, parents, officials as well as the coaches.

This year, the YCLA is proud to once again, invite PCA back to help our Association to continue to improve."

-- Bob Rhein, York County Lacrosse Association President



Photo is compliments of JR Passions.

SAVE THE DATE

February 22nd, 2009



YORK COUNTY LACROSSE ASSOCIATION

