

*York County Lacrosse Association (YCLA) presents...*

## COACH WORKSHOP

### ***“Double-Goal Coach™ I: Coaching for Winning and Life Lessons”***

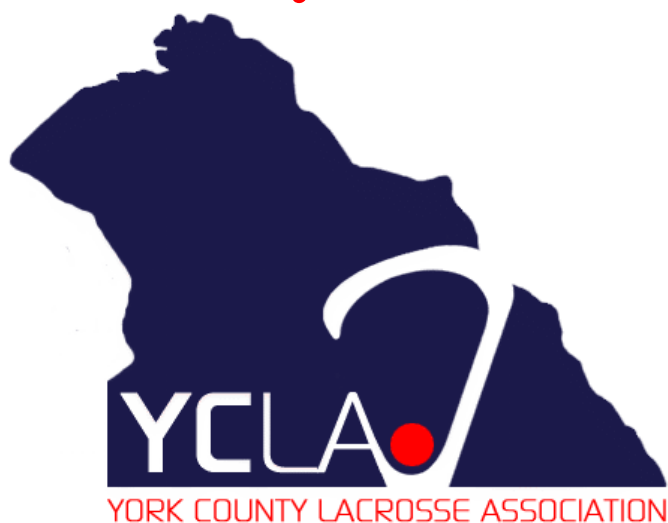
*This interactive workshop begins by defining the Double-Goal Coach™ as one who strives to win and works to prepare his/her team to play at its highest level, and, at the same time, teaches life lessons (teamwork, dedication, bouncing back from mistakes, etc.) to his/her players.*

*Coaches will receive a Double-Goal Coach™ certification card upon completion of the workshop.*



**SAVE THE DATE**

**February 24<sup>th</sup>, 2008**



*"I have attended PCA workshops on 3 separate occasions. Every workshop I learned something new. I feel the program is very dynamic and vital for anyone interested in coaching and making a positive impact on today's youth."*

*-- Kevin Chapman, Antelope Valley Sheriff & YMCA Coach*

